

II. Making Connections-TheClothespinLab

1. A) PartA

1. What you did: measured how exercise (jumping jacks) affected pulse rate.
2. What you learned: exercise increases pulse rate

2. B) Part B

1. What you did: Squeezed a clothespin for 1 minute, then squeezed it again for another minute.
2. What you learned:
 - If you squeezed less the second round, it may have been because your finger muscles were fatigued because of lactic acid build up (waste product of fermentation).
 - If you squeezed more the second round, it may have been because your finger muscles were “warmed up” from increased circulation.